

CHRISTMIND DYNAMICS®

REUNITING WITH THE PRESENCE AFFIRMATIONS

BY DR. PAUL LEON MASTERS

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation—close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center—THE PRESENCE, UNIVERSAL MIND OR GOD WITHIN YOU.

The following Self Programming Universal Mind Synthesis Affirmations
Are Based On A CHRISTMIND Spiritual Psychology Lecture On:

"UNCONDITIONAL PERSONAL LOVE"

NEEDS... "It is NATURAL for me to always be placing the needs of the person I love before my own."

EXPECTATIONS... "I DO NOT create EXPECTATIONS in my mind as to what I EXPECT of the other person and from the other person and, therefore, am not disappointed or angered."

FORGIVENESS... "I UNCONDITIONALLY LOVE and, therefore, I UNCONDITIONALLY FORGIVE."

CONTROL... "There is NO NEED to attempt to control the person I love, for my UNCONDITIONAL LOVE loves them in spite of anything that they might do that I would try to control."

MONEY... "My relationship is NOT based on whether there is or is not money, because my love is UNCONDITIONAL for them."

HEALTH... "In sickness as in health, my love remains CONSTANT, for it is UNCONDITIONAL."

LIFESTYLE... "Through mutual DIVINE GUIDANCE from GOD'S PRESENCE, we live a LIFESTYLE where we can express UNCONDITIONAL LOVE to each other in the way we live our lives."

INTIMACY... "Whether physically expressed or not, due to health or age -- UNCONDITIONAL LOVE begins and culminates more in the exchange between our SOULS than our bodies."

MEDITATION... "Through my DAILY practice of MEDITATION, I contact GOD'S UNCONDITIONAL LOVE PRESENCE within myself, which I share as UNCONDITIONAL PERSONAL LOVE."